

# School Swimming Programme

Starts next week! Please read this information.

Dear Parents

Each year the school Board of Trustees budgets for all students to receive swimming lessons as part of our PE curriculum. **Over the next two weeks (Week 3 and 4) students in every class will receive swimming lessons at Massey Park Pools in Papakura.** The lessons are taught by professional swimming instructors at Massey Park and they will adapt lessons to cater for all swimming capabilities including lessons for non swimmers. Year 7 students will have four swimming lessons altogether. Year 8 students will have two. Each lesson is for approximately 40 minutes.



Students will be shuttled to the pools and back to school in our school vans. The swimming lessons will be held in the outdoor pools if the weather is fine, otherwise they will be held in the indoor pool.

**As these swimming lessons are part of our school PE curriculum, all students are expected to participate.** We do find that we always have some students who deliberately leave their togs at home so they don't have to participate and we would appreciate parents ensuring this doesn't happen. We do have a small number of swimsuits for students to use if necessary. If you do not want your child to take part in our swimming programme for religious or cultural reasons please make contact with your child's classroom teacher. In these circumstances, these students will still go down to the pools to support their class. If there is no room in the school vans then they will remain at school in another class.

The timetable below shows when your child has their swimming lesson. Please make sure to highlight the days in your calendar.

**We are also calling for students to sign up for the school swimming squad.** These students will train over the next two weeks with the trained instructors in the last block of each day, supervised by Mr Lukupa and Mr Godden. **If your child can swim a full length of a pool** without stopping they may be keen to take part in the swimming squad and you can **sign them up using the form below.** From this group, Mr Lukupa and Mr Godden will select the school team to enter into the Counties Manukau Swimming Competition at the end of the training period. The competition is in Week 6.

Ngā mihi

Cathy Chalmers

Principal



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ermed

di ki te rang

[Click here to sign up for the swimming squad](#)

## Timetable for Swimming 17th to 21st February

### WEEK 3

\* **Blue** = Year 7, **Green** = Year 8

\* **Bold** indicates the classes who have two lessons in a week

Van Times	Lesson Times	MONDAY 17TH FEBRUARY	TUESDAY 18TH FEBRUARY	WEDNESDAY 19TH FEBRUARY	THURSDAY 20TH FEBRUARY	FRIDAY 21ST FEBRUARY
9:00 Down 10:15 Back	9:20 - 10:00	<b>RM 1</b>	<b>Rm 5</b>	<b>Rm 11</b>	<b>Rm 9</b>	<b>RM 1</b>
9:40 Down 11:05 Back	10:10 - 10:50	<b>RM 18</b>	<b>RM 17</b>	<b>Rm 20</b>	<b>Rm 4</b>	<b>RM 17</b>
10:35 Down 11:55 Back	11:00 - 11:40	<b>Rm 9</b>	<b>Rm 4</b>	<b>Rm 6</b>	<b>Rm 5</b>	<b>RM 18</b>
11:30 Down - 12:45 Back	11:50 - 12:30	<b>Rm 8</b>	<b>Rm 19</b>	<b>Rm 12</b>	<b>Rm 8</b>	<b>Rm 19</b>
12:20 Down - 1:35 Back	12:40 - 1:20	<b>Rm 2</b>	<b>Rm 3</b>	<b>Rm 21</b>	<b>Rm 7</b>	<b>Rm 10</b>
1:10 Down - 2:25 Back	1:30 - 2:10	<b>Swim Squad</b>	<b>Swim Squad</b>	<b>Swim Squad</b>	<b>Swim Squad</b>	<b>Swim Squad</b>

## Timetable for Swimming 24th to 28th February

### WEEK 4

\* **Blue** = Year 7, **Green** = Year 8

\* **Bold** indicates the classes who have two lessons in a week

Van Times	Lesson Times	MONDAY 24TH FEBRUARY	TUESDAY 25TH FEBRUARY	WEDNESDAY 26TH FEBRUARY	THURSDAY 27TH FEBRUARY	FRIDAY 28TH FEBRUARY
9:00 Down 10:15 Back	9:20 - 10:00	<b>RM 1</b>	<b>Rm 5</b>	<b>Rm 11</b>	<b>Rm 9</b>	<b>RM 1</b>
9:40 Down 11:05 Back	10:10 - 10:50	<b>RM 18</b>	<b>RM 17</b>	<b>Rm 20</b>	<b>Rm 4</b>	<b>RM 17</b>
10:35 Down 11:55 Back	11:00 - 11:40	<b>Rm 9</b>	<b>Rm 4</b>	<b>Rm 6</b>	<b>Rm 5</b>	<b>RM 18</b>
11:30 Down 12:45 Back	11:50 - 12:30	<b>Rm 8</b>	<b>Rm 19</b>	<b>Rm 12</b>	<b>Rm 8</b>	<b>Rm 19</b>
12:20 Down 1:35 Back	12:40 - 1:20	<b>Rm 2</b>	<b>Rm 3</b>	<b>Rm 21</b>	<b>Rm 7</b>	<b>Rm 10</b>
1:10 Down 2:25 Back	1:30 - 2:10	<b>Swim Squad</b>	<b>Swim Squad</b>	<b>Swim Squad</b>	<b>Swim Squad</b>	<b>Swim Squad</b>



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Piki ki te rangi